



LifePak Women®

ANTI-AGING FORMULA

LifePak Women® supplies the powerful LifePak® anti-aging formula, plus additional beneficial ingredients that address the unique concerns of women. This comprehensive multi-vitamin/mineral supplement provides higher levels of nutrients for strong, healthy bones; phytoestrogens from soy isoflavones to help promote normal hormonal balance; and other nutrients that women need to help them be healthy. It is specifically formulated for women 18 years and older through menopause. Supplement your way to healthier living with LifePak Women®!

- Provides powerful anti-aging protection to help you look and feel better longer*
- Formulated to address the unique nutritional issues of women
- Supplies an optimal level of bone nutrients, including calcium, vitamin D, magnesium, and vitamin K*
- Includes optimal amounts of soy isoflavones rich in phytoestrogens
- Provides cranberry powder, which helps support normal urinary tract health*
- Contains essential fatty acids necessary for normal hormone production and healthy skin*

Competitive Advantage

LifePak Women® is now better than ever. This full-spectrum formula is proven to be superior over the competition. It provides a scientific blend of ingredients that gives several comprehensive formulas in one easy-to-take product. LifePak Women® offers optimum amounts of ingredients such as bone nutrients, so you don't have to take an additional calcium supplement. It uses only the highest quality of ingredients, including well-absorbed minerals and natural vitamin E because of its documented higher bioavailability over synthetic forms of this vitamin. This product is formulated by Pharmanex's expert team of scientists to be free of potentially unsafe amounts of vitamins and minerals. LifePak Women® does not contain artificial fillers, binders, colors, flavors, or preservatives.

Ingredient Information

LifePak Women® is not your ordinary women's nutritional product. It packs the powerful nutritional influences of regular anti-aging LifePak® with the addition of cranberry powder for urinary tract health, 400 percent more soy isoflavones for endocrine and bone health, twice as much calcium (1000 mg a day) and 66 percent more magnesium for more complete bone support. It also includes the benefits of iron to support normal menstruation, and evening primrose oil and borage seed oil, which supply essential fatty acids to help maintain normal hormone balance, as well as twice as much vitamin B6, which is important for serotonin production from amino acids.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Usage

RECOMMENDED ADULT USE: Two packets daily. Take the contents of one (1) LifePak Women® packet with eight (8) ounces of liquid with your morning and evening meals.

See reverse side for more information regarding Supplement facts and how to order.

Supplement Facts

Serving Size—One Packet

	Amount Per Packet	% Daily Value
Vitamin A (83% as Beta Carotene from Palm Fruit and <i>Blakeslea trispora</i> Extracts, as Vitamin A Palmitate)	7500 IU	150%
Vitamin C (as Calcium Ascorbate)	250 mg	417%
Vitamin D (as Cholecalciferol)	200 IU	50%
Vitamin E (as D-Alpha Tocopheryl Acetate, Beta, Gamma, Delta Tocopherols, Tocotrienols)	150 IU	500%
Vitamin K (as Phytonadione)	20 mcg	25%
Thiamin (as Thiamine Mononitrate)	3.75 mg	250%
Riboflavin (as Riboflavin)	4.25 mg	250%
Niacin (as Niacin, Niacinamide)	20 mg	100%
Vitamin B ₆ (as Pyridoxine Hydrochloride)	10 mg	500%
Folate (as Folic Acid)	300 mcg	75%
Vitamin B ₁₂ (as Cyanocobalamin)	15 mcg	250%
Biotin (as Biotin)	150 mcg	50%
Pantothenic Acid (as D-Calcium Pantothenate)	15 mg	150%
Calcium (as Calcium Carbonate, Tricalcium Phosphate, Calcium Propionate, Calcium Ascorbate)	500 mg	50%
Phosphorus (as Tricalcium Phosphate)	100 mg	10%
Iron (as Iron Chelate)	5 mg	28%
Iodine (as Potassium Iodide)	50 mcg	33%
Magnesium (as Magnesium Chelate, Magnesium Oxide)	250 mg	62%
Zinc (as Zinc Chelate)	7.5 mg	50%
Selenium (as L-Selenomethionine, Sodium Selenite)	70 mcg	100%
Copper (as Copper Chelate)	0.5 mg	25%
Manganese (as Manganese Chelate)	1 mg	50%
Chromium (as Chromium Chelate)	100 mcg	83%
Molybdenum (as Molybdenum Chelate)	37.5 mcg	50%
Cranberry Powder	200 mg	*
Inositol (as Inositol)	125 mg	*
Polyphenol and Flavonoid Blend	107.5 mg	*
Catechins (from <i>Camellia sinensis</i> Leaf Extract (20:1))	(45 mg)	*
Quercetin	(12.5 mg)	*
Grape Seed Extract (min. 95% Polyphenols)	(25 mg)	*
Citrus Bioflavonoids (from Citrus Fruits)	(12.5 mg)	*
Isoflavones (from Soy Extract)	(12.5 mg)	*
Evening Primrose Oil Powder with Gamma Linolenic Acid (Seed)	75 mg	*
Borage Seed Oil Powder with Gamma Linolenic Acid	75 mg	*
Alpha-Lipoic Acid	15 mg	*
Silicon (as Sodium Metasilicate)	5 mg	*
Carotenoid Blend (other than Beta Carotene)	4.5 mg	*
Lycopene (as Lycopene)	(2.5 mg)	*
Alpha Carotene (from Palm Fruit Extract)	(1 mg)	*
Lutein (from Marigold Flower Extract)	(1 mg)	*
Boron (as Boron Citrate)	1.5 mg	*
Vanadium (as Vanadyl Sulfate)	10 mcg	*

*Daily Value not established.

Other Ingredients: Gelatin, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

Ordering Information

#01 003486 \$77.50 (60 packets, 30 day supply)

To order LifePak Women® anti-aging formula or for more information contact:



1-888-PHARMANEX

(1-888-742-7626)

www.pharmanex.com